

## VAQ 2011.1.8 (ABG)

An 84 year old man is brought to your emergency department following a high speed car accident. He has signs of multiple left rib fractures.

Two hours after arriving in the emergency department he becomes more breathless and distressed. Arterial blood gases are performed

His observations are:

GCS	14	
HR	75	/min
BP	100/60	mmHg
RR	24	/min

			Reference Range
pH	7.14		(7.35-7.45)
pCO <sub>2</sub>	60	mmHg	(35-45)
pO <sub>2</sub>	114		
HCO <sub>3</sub> <sup>-</sup>	17	mmol/L	(21-28)
Lactate	1.4	mmol/L	(< 2.0)
FiO <sub>2</sub>	50	%	
Na <sup>+</sup>	139	mmol/L	(135-145)
K <sup>+</sup>	4.8	mmol/L	(3.2-4.3)
Cl <sup>-</sup>	116	mmol/L	(99-109)
Glucose	11.3	mmol/L	(3.0-6.0)

Describe and interpret his results (100%)

He has impending respiratory arrest most likely due to chest trauma with mixed respiratory and non AG metabolic acidosis. He requires immediate treatment, most likely with ventilatory support.

mild hyperkalaemia and hyperglycaemia noted

A – acidosis

R – pCO<sub>2</sub> high, resp acidosis

M – bicarb low, coexisting metabolic acidosis

A – anion gap  $139 - 116 - 17 = 6 =$  Non AG acidosis, supported by hyperchloraemia

D – n/a

A – expected bic = acutely Bic rises 1 for each 10 rise in pCO<sub>2</sub> = 24->26 but markedly lower (17) measured supporting diagnosis of additional metabolic acidosis

Uncompensated respiratory acidosis

Metabolic acidosis – non AG

### NAGMA

bicarb loss (not supported by history)

saline resuscitation (likely from clinical context)

A-a gap: FiO<sub>2</sub> 0.5

expected pO<sub>2</sub> =  $713 * 0.5 - (60 * 1.25) = 356 - 75 =$  approx 280, measured 114

huge A-a gradient

Overall likely resuscitatory saline acidosis with hypercapnoeic/hypoxic respiratory failure due to chest trauma flail segment

pulmonary contusion

tension pneumothorax (relative hypotension noted)

haemothorax

overanalgesia with narcotics and sedation