

# Nervous System

## Section 1

---

- 1 Regarding muscle spindles:
  - a) are composed of extrafusal fibres
  - b) receive  $\delta$  efferents
  - c) all subtypes send afferents via “flower spray” ended 1a nerves
  - d) nuclear chain fibres show dynamic response
  - e) afferent discharge decreased with muscle stretch
  
- 2 Regarding the dorsal column:
  - a) carries ipsilateral pain and temperature
  - b) ascends to the nuclei gracilis and ?????
  - c) receives efferents from contralateral stimuli
  - d) sacral efferents lie laterally
  - e) runs anteriorly in the cord
  
- 3 Temperature sensation:
  - a) respond to comparative temp gradient ??? skin
  - b) cold receptors predominate
  - c) warm receptors respond 30° - 100°
  - d) afferents carried via the dorsal column
  - e) warm and cold afferents carried via Ad fibre
  
- 4 Regarding visual receptors:
  - a) rods predominate in the fovea
  - b) rhodopsin is the primary pigment of rods
  - c) lie anterior (superficial) to their neural pathway
  - d) colour blindness is an autosomal recessive gene
  - e) supplied by retinal vessels
  
- 5 Regarding sound and hearing:
  - a) high pitched sounds are detected at the apex of the cochlear
  - b) Hair cells are bathed in endolymph
  - c) deflected by hair cells found within the tectorium membrane
  - d) 95% of afferent neurones → outer ??? cells
  - e) ????????

- 6 Regarding noradrenergic stimulation:
- a) miosis occurs
  - b) increases blood flow to the skin
  - c) increases thresholds in the reticular formation
  - d) causes erection in males
  - e) elevates free fatty acid levels
- 7 Regarding cholinergic stimulation:
- a) causes amylase secretion from salivary glands
  - b) decreases secretion from pancreatic ?????
  - c) relaxes the gallbladder
  - d) has no effect on renal arterioles
  - e) relaxes bronchial smooth muscle
- 8 The emotional component to pain is due to activation of:
- a) post central gyrus
  - b) sylvian fissure
  - c) hippocampus
  - d) cingulate cortex
  - e) calcarine fissure
- 9 The chemical agent that initiates impulses in pain fibres is:
- a) ATP
  - b) substance P
  - c)  $\text{Ca}^{2+}$
  - d)  $\text{H}^+$
  - e)  $\text{K}^+$
- 10 Regarding thermoceptors:
- a) there are more warm receptors than cold receptors
  - b) cold receptors respond to 10-38°C
  - c) afferents for cold receptors are C fibres only
  - d) afferents found in the ventral spinothalamic tract
  - e) respond to the temperature gradient across the skin
- 11 Regarding body temperature:
- a) humans are poikilothermic
  - b) oral temperature is usually higher than rectal temperature
  - c) it is usually lowest at 6am
  - d) children have more precise temperature regulation
  - e) emotion has no effect on core temperature

- 12 Regarding the hypothalamus:
- a) it has neural connections with the anterior pituitary gland
  - b) it integrates the vomiting reflex
  - c) the anterior hypothalamus responds to cold
  - d) it controls circadian rhythms via the supraoptic nuclei
  - e) it has osmoreceptors in the anterior hypothalamus to stimulate thirst and vasopressin release
- 13 Regarding the vomiting reflex, which is INCORRECT?
- a) it is integrated by the medulla
  - b) breath is held in expiration
  - c) the glottis closes
  - d) it involves salivation
  - e) there are afferents from vestibular nuclei
- 14 Herring bodies are:
- a) nuclei of the hypothalamus
  - b) secretory granules in the posterior pituitary
  - c) circumventricular organs
  - d) neurons connecting vestibular nuclei with the vomiting centre
  - e) vesicles containing ACTH, TSH, GH, FSH, LH and PRL
- 15 The neurotransmitter secreted by primary afferent fibres for severe pain is:
- a) glutamate
  - b) acetylcholine
  - c) substance P
  - d) opioid peptides
  - e) noradrenaline
- 16 Regarding rods and cones:
- a)  $\text{Na}^+$  channels are closed in the dark
  - b) light striking the outer segments results in a depolarising receptor potential
  - c) the receptor potentials are all-or-nothing
  - d) rhodopsin is a serpentine receptor
  - e) acetylcholine is released from the synaptic terminal
- 17 The visual cortex is situated at the:
- a) parieto-occipital sulcus
  - b) cuneus
  - c) calcarine fissure
  - d) lateral geniculate body
  - e) angular gyrus

- 18 In the visual pathway:
- the lateral geniculate bodies are made up of 6 layers
  - fibres for reflex pupillary constriction leave the optic nerve at the optic chiasm
  - pituitary tumours can cause homonymous hemianopia
  - macular sparing may or may not occur with lesions in the geniculocalcarine tract
  - binasal visual field fibres decussate at the optic chiasm
- 19 When a normal innervated skeletal muscle is stretched, the initial response is contraction, but with increasing stretch, the muscle suddenly relaxes because:
- with strong stretch, the efferent discharge is decreased
  - with strong stretch, the discharge from the annulospiral endings of afferent nerve fibres is inhibited
  - with strong stretch, there is decreased activity in the afferent nerve fibres from the Golgi tendon organs
  - with strong stretch, there is increased activity in the afferent nerve fibres from the Golgi tendon organs
  - because of reciprocal innervation, there is increased discharge in the afferent nerve fibres from the antagonists to the stretched muscle
- 20 With regard to spinal tracts, which is INCORRECT?
- lateral corticospinal fibres decussate in the pyramids of the medulla
  - ventral corticospinal fibres decussate at the level of synapse in spinal cord
  - dorsal column fibres synapse in gracile and cuneate nuclei with decussating
  - lateral spinothalamic tract carries pain and temperature fibres
  - ventral spinothalamic tract decussates at the medial lemniscus
- 21 In a polysynaptic reflex, which of the following happen when the strength of the adequate stimulus is increased?
- the amplitude of the motor response is increased
  - the motor response spreads to include other muscles and even other limbs
  - there is increased inhibition of stretch reflexes
  - the duration of the motor response increases
  - all of the above are true
- 22 A tumour causing external compression to the anterior cervical spinal cord would be expected to:
- impair pressure and pain sensation mostly from sacral and lumbar areas
  - impair fine touch and vibration mostly from sacral and lumbar areas
  - impair pain only from cervical areas
  - impair vibration sense only from cervical areas
  - impair joint position from sacral areas only

- 23 Which of the following need to be intact for normal stereognosis:
- a) dorsal columns
  - b) parietal lobe
  - c) pressure pathways
  - d) all of the above
  - e) none of the above
- 24 Bitemporal hemianopia is most likely to be caused by a lesion at the:
- a) optic nerve
  - b) optic chiasm
  - c) optic tract
  - d) optic radiation
  - e) visual cortex
- 25 Regarding temperature regulation, which is NOT true?
- a) the anterior hypothalamus contains temperature sensitive cells
  - b) shivering is activated by the posterior hypothalamus
  - c) the anterior hypothalamus controls mechanisms activated by heat
  - d) horripilation acts to increase heat production
  - e) fever is produced by the action of cytokines on the hypothalamus
- 26 When a visual stimulus falls on a given point in the retina for a long time:
- a) the image becomes more clearly focused
  - b) there is adaptation in the visual cortex
  - c) the discharge rate in the bipolar cells increases
  - d) the pupils constrict
  - e) the image fades and disappears
- 27 Which of the following affect visual activity?
- a) cataracts
  - b) vitamin A deficiency
  - c) astigmatism
  - d) contrast between stimulus and background
  - e) all of the above
- 28 The 'tympanic reflex':
- a) is activated by foreign bodies in the external auditory canal
  - b) results in vertigo
  - c) is activated by high-pitched sounds only
  - d) results in the decreased transmission of sound
  - e) none of the above

- 29 If one leg is immersed in ice water, the subject's immediate response(s) include:
- generalised vasoconstriction
  - increased secretion of adrenaline
  - shivering
  - all of the above
  - none of the above
- 30 Regarding pain transmission, which is NOT true?
- 'fast pain' fibres are  $A\delta$  fibres
  - 'slow pain' fibres are C fibres
  - substance P is the central transmitter
  - all impulses pass through the central horn
  - pain sensation results from over-stimulation of other sensory modalities
- 31 Which is NOT a part of the basal ganglia?
- caudate nucleus
  - cuneate nucleus
  - substantia nigra
  - putamen
  - globus pallidum
- 32 With regard to pain pathways, all the following are true EXCEPT:
- peripheral afferents are transmitted along A (delta) and C fibres
  - an intact cerebral cortex is necessary for pain sensation
  - the synaptic transmitter released by primary afferent fibres subserving pain is substance P
  - afferent fibres subserving pain sensation from viscera reach the CNS by both sympathetic and parasympathetic pathways
  - the sensory organs for pain are marked nerve endings
- 33 Cerebellar disease in humans causes all of the following EXCEPT:
- dysmetria
  - scanning speech
  - lead pipe rigidity
  - rebound phenomenon
  - dysdiadochokinesia
- 34 The righting reflex is pronounced after sectioning of the neural axis above which level:
- spinal cord
  - medulla
  - mid-brain
  - subcortical nuclei
  - all above intact but decerebellate

- 35 Regarding muscle spindles, which is NOT true?
- a) they contain nuclear bag and nuclear chain fibres
  - b) they receive a motor supply via  $A\gamma$  fibres
  - c) they discharge more upon stretching of the muscle
  - d) they are responsible for the inverse stretch reflex
  - e) they relay information to the cord via Ia fibres

# Nervous System

## Section 1 – Answers

---

- |    |   |
|----|---|
| 1  | B |
| 2  | B |
| 3  | B |
| 4  | B |
| 5  | E |
| 6  | D |
| 7  | D |
| 8  | A |
| 9  | B |
| 10 | C |
| 11 | E |
| 12 | B |
| 13 | B |
| 14 | C |
| 15 | D |
| 16 | C |
| 17 | D |
| 18 | D |
| 19 | E |
| 20 | ? |
| 21 | A |
| 22 | D |
| 23 | B |
| 24 | D |
| 25 | E |
| 26 | A |
| 27 | E |
| 28 | D |
| 29 | ? |
| 30 | E |
| 31 | B |
| 32 | B |
| 33 | C |
| 34 | C |
| 35 | D |



## Section 2

---

- 1 The action potential of a neuron (influx):
  - a) is initiated by efflux of  $\text{Na}^+$
  - b) is terminated by efflux of  $\text{K}^+$
  - c) declines in amplitude as it moves along the axon
  - d) results in transient reversal of the concentration (?electrical) gradient of  $\text{Na}^+$  across the cell membrane
  - e) is not associated with any net movement of  $\text{Na}^+$  or  $\text{K}^+$  across the cell membrane
  
- 2 The functions of tropomyosin in skeletal muscle include:
  - a) releasing  $\text{Ca}^{2+}$  after an action potential
  - b) sliding on actin to produce shortening
  - c) binding to myosin during contraction
  - d) acting as a “relaxing protein” at rest by covering up the sites where myosin binds to actin
  - e) generating ATP which passes to the contractile mechanism
  
- 3 Regarding the autonomic nervous system:
  - a) it does not have a reflex arch like the somatic nervous system
  - b) it has dopamine as the main transmitter
  - c) it has cholinergic division which increases activity of the intestinal musculature and increases gastric excretion
  - d) neurotransmitter noradrenaline is metabolised by pseudocholinesterase
  - e) it is not involved with visceral sensation (?involved)
  
- 4 Which of the following does NOT act via an intracellular receptor?
  - a) atrial natriuretic peptide
  - b) cortisol
  - c) thyroxine
  - d) aldosterone
  - e) retinoic acid
  
- 5 Which of the following phosphate compounds is MOST important in the production of energy?
  - a) AMP (adenosine monophosphate)
  - b) ADP (adenosine diphosphate)
  - c) ATP (adenosine triphosphate)
  - d) GTP (guanosine triphosphate)
  - e) CTP (cytidine triphosphate)

- 6 Steps involved in skeletal muscle contraction include all of the following EXCEPT:
- binding of acetylcholine to nicotinic receptors
  - increased  $\text{Na}^+$  and  $\text{K}^+$  conductance in end plate membrane
  - spread of depolarisation along T tubules
  - binding of calcium to troponin T, with uncovering of its actin-myosin binding site
- 7 Regarding the resting membrane potential in peripheral nerves:
- membrane permeability of potassium ions via  $\text{K}^+$  leak channels produces the resting potential
  - a decrease in extracellular  $\text{Ca}^{2+}$  decreases excitability
  - decreasing external  $\text{Na}^+$  concentration lowers the resting membrane potential
  - changing the external  $\text{Na}^+$  concentration has no effect on the action potential
  - decreasing the external  $\text{K}^+$  concentration increases the resting membrane potential
- 8 Regarding excitation-contraction coupling in skeletal muscle, which statement is INCORRECT?
- calcium ions bind to troponin T
  - troponin I – tropomyosin complex constitutes a “relaxing protein”
  - each cycle of attachment and detachment shortens muscle length by about 1%
  - ATP is the immediate source of energy
  - globular head of myosin – II possesses actin binding site
- 9 Microglia:
- are involved with myelin production
  - are scavenger cells
  - are performed in the brain
  - are important in GABA uptake
  - induce capillaries to form tight junctions and thus the blood brain barrier
- 10 The action potential:
- is always monophasic
  - has an absolute refractory period lasting to the start of the after depolarisation
  - has a relative refractory period lasting until repolarisation is complete
  - requires opening of voltage gated  $\text{Na}^+$  channels
  - results in  $\downarrow \text{K}^+$  conductance
- 11 Which of the following nerve fibre types is MOST sensitive to hypoxia?
- A-alpha
  - A-beta
  - A-delta
  - B
  - C

- 12 Regarding smooth muscle contractility, which statement is INCORRECT?
- a) increased by acetylcholine
  - b) decreased by activation of phospholipase C
  - c) increased by cold
  - d) decreased by cAMP
  - e) increased by stretch
- 13 Regarding smooth muscle, which statement is INCORRECT?
- a) multi-unit smooth muscle is present in the jejunum
  - b) may exhibit pacemaker potentials
  - c) mechanical response is much slower than striated muscle
  - d) the membrane potential is unstable
  - e) functions as a syncytium in viscera
- 14 A sarcomere:
- a) contains two separate halves of an A-band and an I-band
  - b) is the space between two A-bands
  - c) is between two Z-lines
  - d) has the T-system of the sarcotubular system at sarcomere junctions
  - e) contracts when the troponin molecule binds to the myosin head
- 15 Type I muscle fibres:
- a) have fast glycolytic rates
  - b) have low oxidative capacity
  - c) are more commonly found in muscle that performs explosive work
  - d) do not have a very high glycolytic capacity
  - e) are not abundant in endurance athletes
- 16 Regarding cardiac muscle, which statement is INCORRECT?
- a) resting membrane potential is about -90mV
  - b) energy source at rest is mainly fat
  - c) mechanical response lasts about twice as long as electrical response
  - d) tetanus cannot occur
  - e) it has an all-or-nothing contractile response
- 17 Regarding denervation:
- a) it causes skeletal muscle hypertrophy
  - b) does not lead to fibrillation
  - c) causes hyposensitivity to acetylcholine in skeletal muscle
  - d) smooth muscle is able to contract if it occurs in vivo
  - e) causes fasciculations

- 18 Which of the following nerve fibre types is MOST sensitive to pressure?
- A-beta
  - A-gamma
  - A-delta
  - B
  - C
- 19 Regarding decerebration:
- decerebration produces spinal shock
  - decerebrate rigidity is spasticity due to diffuse facilitation of stretch reflex
  - there is increased rate of discharge in the  $\alpha$  afferent neurons
  - spasticity produced by decerebration is more marked in flexor muscles
  - most commonly produces upper limb flexion and lower limb extension
- 20 Which of the following nerve fibre types has the LARGEST diameter?
- C
  - A-alpha
  - B
  - A-gamma
  - A-beta
- 21 The following are NOT energy sources of muscle:
- phosphorylcreatine
  - fatty acids
  - glucose
  - glycogen
  - creatine
- 22 Regarding sensory organ stimulation, which statement is INCORRECT?
- adaptation occurs over the temperature range 20-40°C
  - pain is sensed by naked nerve endings
  - pacinian corpuscles are rapidly adapting touch-pressure receptors
  - naked nerve endings can detect all four cutaneous sensory modalities
  - any given nerve ending can signal more than one sensory modality
- 23 Regarding neurotransmitters, which of the following is INCORRECT?
- glutamate is excitatory
  - GABA is inhibitory at presynaptic neurons
  - glycine is excitatory at postsynaptic neurons
  - GHB (gamma hydroxybutyrate) is inhibitory
  - aspartate is excitatory

- 24 The stretch reflex:
- a) is classically initiated by tapping on the quadriceps muscle
  - b) is initiated by stretch of the muscle
  - c) involves impulses being conducted from the muscle spindle to the motor cortex
  - d) involves extrafusal fibres stimulating annulospiral and flowerspray sensory fibres
  - e) involves gamma afferents of Iksell
- 25 Which of the following is NOT present in smooth muscle cells?
- a) actin
  - b) myosin-II
  - c) tropomyosin
  - d) almodulin
  - e) troponin
- 26 Regarding the structure of cardiac muscle, which statement is INCORRECT?
- a) T-system lies at Z-lines
  - b) functions as a syncytium due to the presence of tight junctions
  - c) intercalated discs occur at Z-lines
  - d) contains large numbers of elongated mitochondria
  - e) thin filaments include troponin T, C and I
- 27 Regarding the cardiac muscle action potential, which statement is INCORRECT?
- a) sodium ions enter via "fast" channels in phase 0
  - b) chloride ions may enter cell during phase 1
  - c) sodium ions enter via "slow" channels in phase 2
  - d) relative refractory period ends in phase 3
  - e) class I anti-arrhythmics reduce the slope of phase 4
- 28 Which of the following nerve fibre types represents the efferent limb of the muscle spindle reflex arc?
- a) A-alpha
  - b) A-beta
  - c) A-gamma
  - d) A-delta
  - e) B
- 29 Regarding neuromuscular transmission, which statement is INCORRECT?
- a) smooth muscle cells possess synapses en passant
  - b) about 10 times as much acetylcholine as is required is released at skeletal muscle neuromuscular junctions
  - c) antibodies can develop to calcium channels in nerve endings at neuromuscular junctions
  - d) more than one nerve fibre ends on each end-plate in skeletal muscle
  - e) acetylcholine is released by exocytosis

- 30 Regarding the structure of skeletal muscle, which statement is INCORRECT?
- thick filaments consist of myosin
  - actin forms a double helix
  - thin filaments include tropomyosin
  - troponin-I inhibits interaction between actin and myosin
  - T-system lies at Z-lines
- 31 Which of the following nerve fibre types has the fastest conduction velocity?
- B
  - A-delta
  - A-beta
  - A-gamma
  - C
- 32 Regarding the nerve fibre action potential, which statement is INCORRECT?
- does not involve calcium ions
  - after-depolarisation commences when repolarisation is 70% complete
  - total number of ions involved is minute compared to the total number present
  - spike potential peaks at sodium equilibrium potential
  - firing level (threshold) is at about -55mV
- 33 Which of the following nerve fibre types is MOST sensitive to local anaesthetic blockade?
- A-alpha
  - A-gamma
  - A-delta
  - B
  - C
- 34 Regarding neurotoxins, which statement is INCORRECT?
- tetrodotoxin is a sodium channel blocker
  - tetraethylammonium is a potassium channel blocker
  - tetanospasmin interferes with GABA release
  - botulinum toxin blocks release of acetylcholine
  - latrotoxin causes explosive release of acetylcholine
- 35 Regarding conduction of nerve impulses, which statement is INCORRECT?
- it is an active, self-propagating process
  - salutatory conduction occurs in unmyelinated neurons
  - axons can conduct impulses in either direction
  - conduction velocity is proportional to nerve fibre diameter
  - "current sink" occurs in neuronal cell membrane ahead of impulse

- 36 B nerve fibres transmit impulses of which modality?
- proprioception
  - preganglionic autonomic
  - temperature
  - postganglionic sympathetic
  - somatic motor
- 37 Regarding nerve fibres, which statement is INCORRECT?
- resting membrane potential is about -90mV
  - action potentials are generated at the initial segment in spinal motor neurons
  - myelin produces up to 50 times faster conduction of impulses
  - membrane is more permeable to potassium than sodium at rest
  - sodium channels are highly concentrated at the nodes of ranvier
- 38 Regarding skeletal muscle, which statement is INCORRECT?
- resting membrane potential is about -90mV
  - resting length is the length at which active tension in the muscle is maximal
  - total glycogen stored is about 0.4kg
  - energy source at rest is mainly glucose
  - resting heat production is due to basal metabolic processes
- 39 Which of the following nerve fibre types has the LEAST myelin?
- A-alpha
  - A-beta
  - A-gamma
  - B
  - C
- 40 A-alpha nerve fibres transmit impulses of which modality?
- proprioception
  - pain
  - pressure
  - touch
  - motor to muscle spindles
- 41 Unmyelinated neurons:
- do not have Schwann cells associated with them
  - display salutatory conduction
  - constitute most of the cell population in the human central nervous system
  - do not occur in humans
  - none of the above are true

- 42 In skeletal muscle:
- thick filaments which are made up of myosin and tropomyosin are lined up to form A bands
  - the dark A band has a light H band in its centre which in turn has an M line in its middle
  - thin filaments are made up of actin, tropomyosin and troponin and form the H band
  - Z lines are connected to the thick filaments
  - during contraction, the width of the A band reduces
- 43 Dorsal root (type C) fibres:
- conduct proprioception
  - are amongst the largest of the nerve fibres
  - are the fibres most susceptible to hypoxia
  - administration of lignocaine suppresses transmission in C fibres before affecting A fibres
  - are myelinated
- 44 Saltatory conduction:
- only occurs in myelinated neurons
  - is slower than non-saltatory conduction
  - is unaffected by local anaesthetics
  - does not occur with anti-dromic conduction
  - is directly proportional in rate to the size of the action potential
- 45 A motor unit is made up of:
- a flexor muscle and an extensor muscle
  - a single skeletal muscle and all the motor neurons that supply it
  - a single motor neuron and all the muscle fibres it innervates
  - a large bundle of muscle fibres
  - all the motor neurons in which responses are observed after maximal stimulation of a single sensory nerve
- 46 The role of calcium in excitation/contraction couple in skeletal muscle is:
- by binding troponin C it uncovers the binding site of actin to interact with the myosin head
  - by binding troponin I, it uncovers the binding site of actin to interact with the myosin head
  - by binding to tropomyosin, it allows troponin to bind to myosin
  - by binding to troponin C, it allows the myosin head to disengage resulting in relaxation
  - it causes depolarisation to spread along the tubules



- 47 A decrease in extracellular  $K^+$ :
- makes the resting membrane more negative in nerve cells
  - causes a similar effect in nerve cells as a decrease in extracellular  $Na^+$
  - has little effect in nerve cell membrane potential
  - may decrease nerve cell action potential size
  - cause a similar effect in nerve cells as an increase in extracellular  $Ca^{++}$
- 48 Tetanic contraction of skeletal muscle:
- occurs because of the short refractory period of skeletal muscle
  - is due to increased calcium available for binding to troponin C
  - enables a tension development of approximately four times that of individual twitch contraction
  - occurs only with isometric contractions
  - has the same mechanism of that of cardiac muscle
- 49 With respect to nerve fibre types:
- the speed of conduction is inversely proportional to the diameter of the fibre
  - C fibres are more susceptible to local anaesthetics than A fibres
  - $A\delta$  fibres are concerned primarily with somatic motor function
  - pain may be relayed by all fibre types
  - $A\delta$  fibres are efferent only
- 50 In visceral smooth muscle:
- $Ca^{2+}$  for contraction is released from sarcoplasmic reticulum
  - membrane potential has a resting value of  $-90mV$
  - the excitation contraction coupling time is rapid ( $<10ms$ )
  - muscle contracts when stretched in absence of innervation
  - binding of acetylcholine to nicotine receptors increases  $Ca^{2+}$  influx
- 51 Inhibitory post synaptic potentials involve:
- localised increase in membrane permeability to  $Na^+$
  - localised decrease in membrane permeability to  $Cl^-$
  - localised increase in membrane permeability to  $PO_4$
  - localised increase in membrane permeability to  $Cl^-$
  - localised decrease in membrane permeability to  $K^+$
- 52 In skeletal muscle relaxation:
- there is a spread of depolarisation along T tubules
  - $Ca^{2+}$  is released from troponin
  - there is increase  $Na^+$  and  $K^+$  conduction in the end plate membranes
  - a resting membrane potential of  $-65mV$  is finally reached
  - $Mg^{2+}$  has a crucial role

- 53 Regarding synapses:
- the synaptic cleft is 30-50nm wide
  - transmitters are released from synaptic knobs secondary to  $\text{Na}^+$  triggers
  - the amount of transmitter released is proportionate to  $\text{Ca}^{2+}$  efflux
  - acetylcholine is present in granulated vesicles in synaptic knob
  - the EPSP is caused by  $\text{Na}^+$  influx
- 54 Which of the following is inhibitory neurotransmitter?
- gallamine
  - acetylcholine
  - glutamate
  - glycine
  - aspartate
- 55 Which of the following nerves is NOT of fibre type A?
- proprioception
  - touch
  - motor to muscle spindles
  - somatic motor
  - dorsal root pain and temperature
- 56 Which nerve fibre is MOST susceptible to local anaesthetics?
- proprioception
  - touch
  - motor to muscle spindles
  - somatic motor
  - dorsal root pain and temperature
- 57 Which nerves have the biggest diameter and faster conduction velocity?
- group A alpha
  - group A beta
  - group A gamma
  - group A delta
  - group C
- 58 In excitation-contraction of skeletal muscle, calcium binds to:
- tropomyosin
  - myosin
  - troponin I
  - troponin C
  - troponin T

- 59 Myosin binding sites on actin are normally covered by:
- troponin I
  - troponin C
  - troponin T
  - tropomyosin
  - ryanodine molecule
- 60 With regard to skeletal muscle, which is INCORRECT?
- the terminal cisterns of sarcoplasmic reticulum lie in contact with T tubules
  - the T tubules surround the muscle at its Z lines
  - the Z line lies within the I band
  - the M line is due to a central bulge in each of the thick filaments
  - the area between two adjacent Z lines is called a sarcomere
- 61 Noradrenaline:
- is the main neurotransmitter of the parasympathetic nervous system
  - acts as sympathetic neuromuscular junctions in skeletal muscle and vascular smooth muscle
  - is secreted by the adrenal medulla
  - causes pupillary constriction
  - reduces blood pressure
- 62 Acetylcholine:
- is a major neurotransmitter in the spinal cord
  - is degraded within the neuromuscular end-plate by dehydration
  - is important in the stimulation of pancreatic function
  - is the neurotransmitter involved in vagal stimulation of the heart
  - is antagonised by neostigmine
- 63 The action potential of a neuron:
- is initiated by efflux of  $\text{Na}^+$
  - is terminated by efflux of  $\text{K}^+$
  - declines in amplitude as it moves along the axon
  - results in transient reversal of the concentration gradient of  $\text{Na}^+$  across the cell membrane
  - is not associated with any net movement of  $\text{Na}^+$  or  $\text{K}^+$  across the cell membrane

- 64 The functions of tropomyosin in skeletal muscle include:
- releasing  $\text{Ca}^{2+}$  after an action potential
  - sliding on actin to produce shortening
  - binding to myosin during contraction
  - acting as a “releasing protein” at rest by covering up the sites where myosin binds to actin
  - generating ATP which passes to the contractile mechanism
- 65 Membrane potential:
- is only found in nervous tissue
  - is not contributed to by the  $\text{Na}^+ / \text{K}^+$  pump
  - magnitude does not change from tissue to tissue
  - is negative inside in relation to the outside
  - is mainly caused by leaking  $\text{Na}^+ / \text{K}^+$  channels
- 66 Gamma amino butyric acid:
- is an excitatory mediator in the brain
  - is formed by decarboxylation of glutamate
  - acts at three different classes of GABA receptors
  - is mostly secreted unchanged in the urine
  - is the main mediator in glutamate
- 67 Substance P:
- is a carbohydrate
  - is a polypeptide found in the intestine and nervous tissue
  - is a  $\beta$  II amino acid residue mainly found in the liver
  - is not involved in the neuroendocrine system
  - is a lipid
- 68 Opioid peptides:
- are not formed from precursors
  - include morphine as an example
  - form the opioid receptors in the brain
  - are mainly found in the brain and gastrointestinal tract
  - are almost always excreted unchanged
- 69 Regarding the autonomic nervous system:
- does not have a reflex arc like somatic nervous system
  - has dopamine as the main transmitter
  - has cholinergic division which increases activity of the intestinal musculature and increases gastric secretion
  - neurotransmitter noradrenaline is metabolised by pseudocholinesterase
  - is not involved with visceral sensation

- 70 Contraction of skeletal muscle is initiated by  $\text{Ca}^{++}$  binding to:
- tropomyosin
  - myosin
  - actin
  - troponin C
  - troponin I
- 71 The stretch reflex in skeletal muscle:
- is a feedback reflex aimed at maintaining muscle length
  - is a polysynaptic reflex
  - maintains muscle strength at various levels of muscle strength
  - is not elicited in the knee jerk which occurs after tapping
  - none of the above are true
- 72 Excitatory amino acids in the brain are:
- glutamate and GABA
  - GABA and glycine
  - glutamate and glycine
  - glycine and aspartate
  - glutamate and aspartate
- 73 The opioid  $\delta$  receptor is involved in:
- analgesia
  - respiratory depression
  - miosis
  - dependence
  - all of the above
- 74 With regard to contraction and relaxation of skeletal muscle, all of the following are true EXCEPT:
- contraction involves the release of  $\text{K}^+$  from the terminal cisterns
  - relaxation involves the release of  $\text{Ca}^{2+}$  from troponin
  - prior to contraction, increase  $\text{Na}^+$  and  $\text{K}^+$  conduction occurs in the end-plate membrane
  - relaxation involves cessation of the interaction between actin and myosin
  - contraction involves inward spread of depolarisation along T tubules
- 75 Regarding nerve fibres:
- type C myelinated fibres in the dorsal root conduct impulses concerning pain and temperature
  - type A  $\alpha$  unmyelinated fibres conduct impulses concerning proprioception
  - type A  $\beta$  unmyelinated fibres conduct impulses concerning light touch

- d) type A  $\gamma$  unmyelinated fibres conduct impulses to muscle spindles
- e) type B myelinated fibres are located in preganglionic autonomic region

- 76 With regard to chemoreceptors, all of the following are true EXCEPT:
- a) the medullary chemoreceptors respond to a change in blood  $p\text{CO}_2$
  - b) the medullary chemoreceptors respond to blood  $(\text{H}^+)$
  - c) the predominant peripheral chemoreceptors are located in the carotid and aortic bodies
  - d) the peripheral chemoreceptors respond to  $p\text{O}_2$
  - e) the peripheral chemoreceptors respond to blood  $(\text{H}^+)$
- 77 In the autonomic nerve system,  $\beta$  antagonism results in:
- a) constriction of the renal vasculature
  - b) decreased velocity of conduction in the atrioventricular node
  - c) decreased velocity of conduction in the HIS/Purkinje system
  - d) decreased ventricular contractility
  - e) increased insulin and glucagon secretion
- 78 The reticular activating system:
- a) has depressed conduction during anaesthesia
  - b) is located in the pons
  - c) is a simple collection of parallel nerve fibres
  - d) has no input from the cranial nerves
  - e) is electrically isolated from the cerebral cortex

## Section 2

### Answers

---

1	E	40	A
2	D	41	E
3	C	42	C
4	E	43	D
5	C	44	A
6	E	45	C
7	A	46	A
8	A	47	E
9	B	48	C
10	D	49	B
11	D	50	D
12	B	51	D
13	A	52	B
14	C	53	E
15	D	54	D
16	C	55	E
17	D	56	E
18	A	57	A
19	B	58	D
20	B	59	D
21	E	60	B
22	E	61	C
23	C	62	C
24	B	63	B
25	E	64	D
26	B	65	D
27	A	66	B
28	C	67	B
29	D	68	D
30	E	69	C
31	C	70	D
32	D	71	A
33	E	72	E
34	C	73	A
35	B	74	A
36	B	75	E
37	A	76	B
38	D	77	E
39	E	78	A